

COMMUNITY HEALTH IMPROVEMENT PLAN

2020 - 2022

Providence St. Vincent Medical Center

Washington County, Oregon



To provide feedback about this CHIP or obtain a printed copy free of charge, please email Joseph Ichter, DrPH, at Joseph.Ichter@providence.org



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EXECUTIVE SUMMARY

Improving the health of our communities is a fundamental commitment rooted deeply in our heritage and purpose. As expressions of God’s healing love, witnessed through the ministry of Jesus, our Mission calls us to be steadfast in serving all with a special focus on our most poor and vulnerable neighbors. This core belief drives the programs we build, investments we make, and strategies we implement.

Knowing where to focus our resources starts with our Community Health Needs Assessment (CHNA), an opportunity in which we engage the community every three years to help us identify and prioritize the most pressing needs, assets, and opportunities. In the Portland metro area, Providence St. Vincent Medical Center (PSVMC) is a member of the Healthy Columbia Willamette Collaborative (HCWC). The collaborative is a unique public-private partnership of 12 organizations in Washington, Clackamas, and Multnomah Counties in Oregon and Clark County in Washington State. HCWC is dedicated to advancing health equity in the four-county region, serving as a platform for collaboration around health improvement plans and activities that leverage collective resources to improve the health and well-being of local communities.

Based on geographic location relative to other hospitals in the area and patient demographics, Washington County is PSVMC’s primary service area. The facility and campus include 523 acute care beds, offering primary and specialty care, a birth center with family suites, general and specialty surgery, radiology, diagnostic imaging, pathology and 24/7 emergency medicine. PSVMC is renowned for its many centers of excellence including Providence Heart Institute, Providence Brain and Spine Institute and Providence Center for Health Care Ethics, among others. Clackamas, Multnomah, and Clark (WA) counties are surrounding secondary counties that are primarily served by other area hospitals. PSVMC provided nearly \$168 million¹ in Community Benefit in 2019.

PSVMC Community Health Improvement Plan Priorities

As a result of the findings of our 2019 Community Health Needs Assessment (CHNA) and through a prioritization process aligned with our Mission, resources, and hospital strategic plan, PSVMC will focus on the following bolded areas for its 2020-2022 Community Benefit efforts:

PRIORITY 1: SOCIAL DETERMINANTS OF HEALTH AND WELL-BEING

Focus areas in housing, transportation, and **food security**; includes **coordination of supportive services**.

PRIORITY 2: CHRONIC CONDITIONS

Focus on prevention of obesity, diabetes, hypertension, and depression.

PRIORITY 3: BEHAVIORAL HEALTH/WEELL-BEING AND SUBSTANCE USE DISORDERS

Focus on prevention (particularly for youth), **culturally responsive care and health education**, social isolation, and **community building**.

¹ Unpaid costs of Medicare are included in this Community Benefit reporting.

PRIORITY 4: ACCESS TO CARE

Focus on **services navigation and coordination, culturally responsive care and oral health.**

Responding to the COVID-19 Pandemic

The 2020 Community Health Improvement Planning (CHIP) process was disrupted by the SARS-CoV-2 virus and COVID-19, which has impacted all of our communities. While we have focused on crisis response, it has required a significant re-direction of resources and reduced community engagement in the CHIP process.

This CHIP is currently designed to address the needs identified and prioritized through the 2019 CHNA, though COVID-19 will have substantial impacts on our community needs. These impacts are likely to exacerbate some of the needs identified, and cause others to rise in level of priority. While this is a dynamic situation, we recognize the greatest needs of our community will change in the coming months, and it is important that we adapt our efforts to respond accordingly. Additionally, the data projections included were crafted based on data collection and project forecasting done prior to the COVID-19 pandemic, so may be modified as we understand adjusted resources and priorities within our communities in the aftermath of the pandemic.

This CHIP will be updated by March 2021 to better document the impact of and our response to COVID-19 in our community. We are committed to supporting, strengthening, and serving our community in ways that align with our Mission, engage our expertise, and leverage our Community Benefit dollars in the most impactful ways.

MISSION, VISION, AND VALUES

<i>Our Mission</i>	As expressions of God’s healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.
<i>Our Vision</i>	Health for a Better World.
<i>Our Values</i>	Compassion — Dignity — Justice — Excellence — Integrity

INTRODUCTION

Who We Are

Portland St. Vincent Medical Center (PSVMC) is an acute-care hospital founded in 1875 and located in Portland, Oregon. The hospital has 523 licensed beds. PSVMC has a staff of more than 3,100 and professional relationships with almost 2,000 local physicians. Major programs and services offered to the community include heart & vascular, brain & spine, women's and children's, surgical, behavioral health, orthopedics and emergency services.

Our Commitment to Community

PSVMC dedicates resources to improve the health and quality of life for the communities it serves, with special emphasis on the needs of the economically poor and vulnerable. During 2019, PSVMC provided nearly \$168 million in community benefit² in response to unmet needs and to improve the health and well-being of those it serves in the Portland metro area.

Community Benefit Governance and Management Structure

PSVMC further demonstrates organizational commitment to the community benefit process through the allocation of staff time, financial resources, and participation and collaboration with community partners. The Community Health Division, in collaboration with PSVMC leadership, is responsible for coordinating implementation of state and federal 501r requirements as well as providing the opportunity for community leaders and internal hospital executive leadership team members, physicians and other staff to work together in planning and implementing the Community Health Improvement Plan.

As a primary source of Community Benefit advice and local leadership, PSVMC's Service Area Advisory Council (SAAC) plays a pivotal role to support the Board of Trustees in overseeing community benefit issues. Acting in accordance with a Board-approved charter, the SAAC is charged with identifying policies and programs that address identified needs in the service area particularly for underserved populations, overseeing development and implementation of the Community Health Needs Assessment and Community Health Improvement Plan Reports, and overseeing and directing the Community Benefit activities. The SAAC delegates some work to the Community Benefit Committee, a majority of members

² A community benefit is an initiative, program or activity that provides treatment or promotes health and healing as a response to identified community needs and meets at least one of the following community benefit objectives: a. Improves access to health services; b. Enhances public health; c. Advances increased general knowledge; and/or d. Relieves government burden to improve health. Note: Community benefit includes both services to the economically poor and broader community. To be reported as a community benefit initiative or program, community need must be demonstrated. Community need can be demonstrated through the following: 1) community health needs assessment developed by the ministry or in partnership with other community organizations; 2) documentation that demonstrates community need and/or a request from a public agency or community group was the basis for initiating or continuing the activity or program; 3) or the involvement of unrelated, collaborative tax-exempt or government organizations as partners in the community benefit initiative or program.

who have knowledge and experience with the populations most likely to have disproportionate unmet health needs. The Community Benefit Committee generally meets quarterly.

Planning for the Uninsured and Underinsured

Our mission is to provide quality care to all our patients, regardless of ability to pay. We believe that no one should delay seeking needed medical care because they lack health insurance. That is why PSVMC has a Financial Assistance Program (FAP) that provides free or discounted services to eligible patients. Services must be medically necessary as defined by the Providence Financial Assistance Policy. Patients receiving emergency or medically necessary care at Providence hospitals and clinics may receive the following discounts based upon their eligibility:

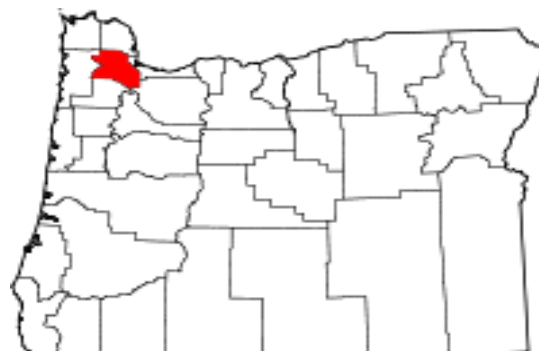
- 100% financial assistance is provided for households making up to 300% FPL
- 75% financial assistance for households between 301% and 400% FPL
- Financial assistance applies to self-pay balances and patient responsibility balances after insurance pays.

One way PSVMC informs the public of FAP is by posting notices. Notices are posted in high volume inpatient and outpatient service areas. Notices are also posted at locations where a patient may pay their bill. Notices include contact information on how a patient can obtain more information on financial assistance as well as where to apply for assistance. These notices are posted in English and Spanish and any other languages that are representative of 5% or greater of patients in the hospital's service area. Additionally, on-line publicly available resources include plain language FAP summaries in 25 different languages. All patients who demonstrate lack of financial coverage by third party insurers are offered an opportunity to complete the Patient Financial Assistance Application and are offered information, assistance, and referral as appropriate to government sponsored programs for which they may be eligible. Find more information on PSVMC Financial Assistance Program here <https://www.providence.org/obp/or/financial-assistance>.

OUR COMMUNITY

Description of Community Served

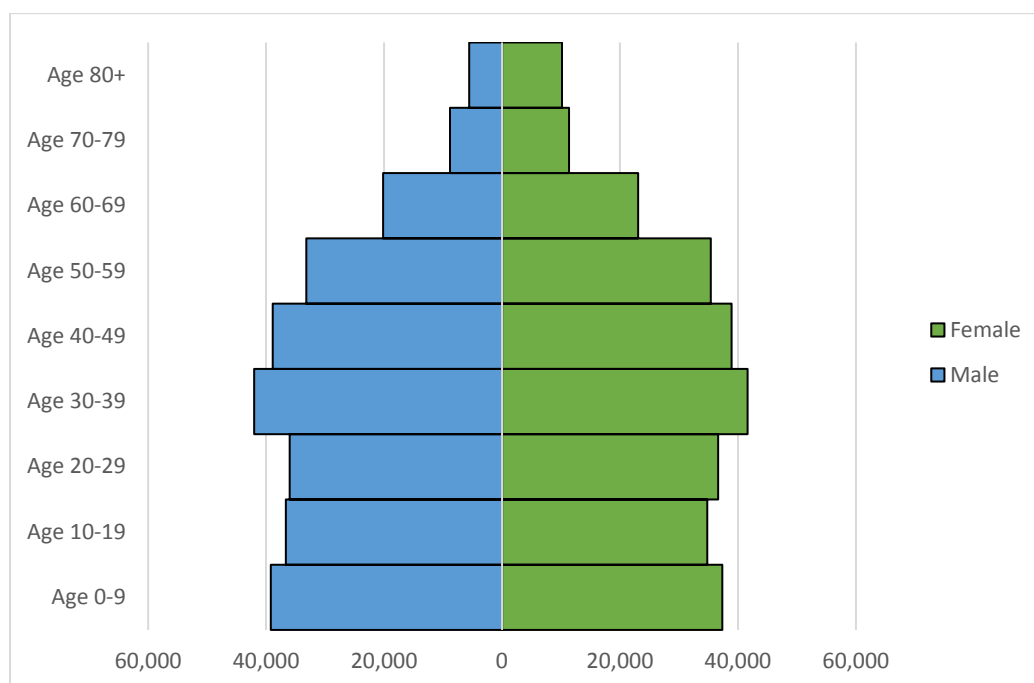
Based on geographic location relative to other hospitals in the area and patient demographics, Washington County (in red) is PSVMC's primary service area. Neighboring Clackamas, Multnomah, and Clark (WA) counties are considered secondary services areas that are primarily served by other area hospitals.



Population and Demographics

The population of Washington County is over 601,000 according to 2019 Census data, which represents over 13 percent growth since 2010. Washington County has been diversifying, with a foreign-born population of 17.5 percent, and the Latino population increasing over 67 percent from 2000 to 2010 to 17 percent of the current total population. The male-to-female ratio is approximately 1:1 until age 65, when females become a greater proportion of the population. This difference is clearest over the age of 80, where there are nearly 2 surviving females for each male.

Figure 1: 2018 Washington County by Age and Gender



Race and Ethnicity

Among Washington County Census Data, residents in 2019 identified as 65.1 percent White non-Hispanic, 17 percent as Hispanic/Latino, 11.4 percent as Asian or Pacific Islander, 2.5 percent as African American or Black, 1.1 percent as Alaska Native or American Indian, and 4.4 percent as two or more races. Washington County's Asian and Hispanic/Latino populations are higher than Oregon's overall, at 4.8 and 13.3 percent respectively.

Income

In 2019, the US Census found that the median household income for Washington County was \$78,010, which is nearly \$19,000 higher than the state median income of \$59,393, and almost \$14,000 higher than neighboring Multnomah County and substantially higher than the national median income. Washington County's poverty rate of 8.8 percent is more than 3 percent lower than that of Multnomah County and the state as a whole.

Health and Well-being

In Washington County in 2017, nearly 29 percent of adults were considered overweight or obese, as were 22.8 percent of eighth grade students and 26.8 percent of eleventh grade students in 2019 according to BRFSS and the Oregon Healthy Teens Survey, respectively. Diabetes and hypertension were the top two reasons uninsured adults accessed the Emergency Department for conditions that could be managed in primary care settings. Nearly 18 percent of youth were living in poverty and 22 percent of adults had depression.

COMMUNITY NEEDS AND ASSETS ASSESSMENT PROCESS AND RESULTS

Summary of Community Needs Assessment Process and Results

In the Portland Metropolitan area, PSVMC is a proud member of the Healthy Columbia Willamette Collaborative (HCWC), a public-private partnership that brings together seven hospital systems, four county health departments, and one coordinated care organization to produce a shared regional needs assessment. The complete assessment for the four-county region was completed July 31, 2019. Across the HCWC region, collected information included county public health data regarding health behaviors, morbidity, and mortality; hospital utilization and CCO data for the uninsured and members of the Oregon Health Plan; and community engagement activities that included 18 listening sessions, four town halls, a literature review, and a community health survey with over 3,600 responses. A detailed list is available from page 85 of the full CHNA (available [here](#)).

Identification and Selection of Significant Health Needs

The prioritized needs were chosen based on various community health data and identifiable gaps in available care and services. These health needs were those that had worsened over time, are worse than the state or national average, or have a disproportionate impact on those who are low-income, communities of color, or otherwise marginalized populations.

Community Health Needs Prioritized

In the course of our work, we determined that emphasis on these needs would have the greatest impact on the community's overall health with significant opportunities for collaboration. These interventions will be prioritized based upon relative needs and opportunities, particularly those that serve identified high needs ZIP codes and neighborhoods including low-income and minority populations. The list below summarizes the significant health needs identified through the 2019 Community Health Needs Assessment process:

SOCIAL DETERMINANTS OF HEALTH AND WELL-BEING

- **Affordable housing** (or housing accessibility) is a major challenge for low- and moderate-income families in the area, particularly for those in recovery from substance use disorder. Nearly 40 percent of households in Washington County are considered cost-burdened, meaning they spent 30 percent or more of their monthly income on rent.
- A key barrier for many of Oregon's families continues to be **healthy food access**. More than half of the state's students are on free or reduced price lunch, and nearly 4 in 10 students (38%) in Washington County qualified in 2017 according to County Health Rankings. Because nutrition is closely linked with oral health and chronic conditions, improving access to healthy food could lead

to improved health outcomes in these other areas.

- Economic development and **living-wage jobs** are key opportunities to improve the health and well-being of our communities. Listening session participants with low incomes described having to make difficult choices between paying for food, utilities, rent, and medical care. Adverse experiences and trauma are more likely in low-income households, particularly those in which the parents are stressed about resources. This also speaks to the challenge in Oregon of the “benefits cliff,” whereby public benefits phase out quickly as family income increases, although the increase may not be great enough for self-sufficiency.
- **Transportation** is a challenge for some populations, particularly for the elderly and those living in rural areas. Community members living closer to the central Portland metro area noted that consistent public transportation is a strength; those living farther away from central locations communicated a need for more transportation options. Community members also noted the difficulty of navigating the “last mile” between their transit stop and their final destination. This gap can be especially challenging for community members with mobility challenges.

CHRONIC CONDITIONS

- **Diabetes** continues to be one of the top reasons uninsured adults seek care in the Emergency Department, though the condition is likely better managed in a primary care setting. This suggests opportunities regarding prevention, education, and nutrition support.
- **Obesity** is a public health challenge, for both youth and adults. 28.8 percent of Washington County’s adult population is obese, on par with Oregon’s overall percentage of 28.6 percent according to 2017 BRFSS data. The current generation of youth may be the first to have a shorter life expectancy than their parents due to complications from obesity and its associated conditions.

COMMUNITY MENTAL HEALTH/WEELL-BEING AND SUBSTANCE USE DISORDERS

- **Access to mental health services** remain a barrier for many community members. There is a need to reduce stigma associated with mental health treatment and increase availability of providers and treatment services. This is particularly true amongst youth and adolescents, presenting opportunities to partner with school-based health centers. Barriers to mental health services are more acute for non-English speakers.
- Access to **substance use treatment** continues to be a challenge for many. This includes alcohol and drug addiction services, both residential and outpatient treatment options. Oregon has relatively high rates of death from drug overdose, drug use (heroin, methamphetamines, and narcotics), and binge drinking.
- As we continue to learn about adverse childhood experiences (ACES) and the impacts of trauma on health later in life (i.e. child abuse, neglect, domestic violence, sexual assault, etc.), increasing **community resilience** and preventing exposure to these events in the first place has become increasingly important.

ACCESS TO CARE

- Timely and consistent access to **primary care** remains a challenge, particularly for those enrolled in the Oregon Health Plan (Medicaid) and individuals that are uninsured. Data suggests that the number of providers across the region varies based on location, and more than 10 percent of the population in the four-county region reported not being able to access health care services due to cost.
- **Dental** conditions are among the top preventable reasons uninsured individuals access the Emergency Department, which is rarely the best point of care for these conditions. This presents an opportunity for prevention education and increasing access to preventive services.
- It is important that community members feel welcome, safe, and respected in healthcare settings. Participants in town halls and listening sessions noted that providers lack the bilingual and bicultural backgrounds necessary to serve the community. Hispanic/Latino community members described being turned away by providers because of discrimination due to lack of insurance and language barriers. A crucial step in improving the health and well-being of communities of color is increasing access to **culturally-responsive care**.

Needs Beyond the Hospital's Service Program

No hospital facility can address all of the health needs present in its community. We are committed to continuing our Mission through Community Benefit grant-making and ongoing partnerships in our community.

While we strive to care for our communities each day, we recognize that we cannot address all needs effectively or independently. For example, we simply will not have enough resources to solve the housing crisis in the Portland Metro area. However, by selecting specific strategies such as navigation to housing services and working with other foundations and health systems to collaboratively fund supportive services, we believe we can make an impact. In addition, there are two new elements to mental health/well-being & substance use disorders on the CHNA this cycle: social isolation and youth prevention. We will dedicate time to explore and build strategies to address these crucial needs in the first year of this CHIP cycle.

However, due to the strength of the partnerships in our community we believe these needs will be addressed in other ways. For instance, our partnership with Meals on Wheels People in the Portland metro area not only offers healthy meals to address food insecurity, but also an avenue for seniors experiencing social isolation to connect with one another.

PSVMC will continue to collaborate with local organizations that address the aforementioned community needs to coordinate care and referrals to address these unmet needs. We strongly believe that together we can better address the needs of our communities by leveraging our collective strengths.

COMMUNITY HEALTH IMPROVEMENT PLAN

Summary of Community Health Improvement Planning Process

A CHIP planning committee of hospital leaders, Service Area Advisory Council members and community partners was formed to provide input in the PSVMC CHIP process. Due to the 2020 COVID-19 pandemic, the original CHIP process was altered to accommodate a travel ban, social distance requirements, and unforeseen time commitments of key leaders. Below are the altered steps taken to complete the 2020-2022 PSVMC CHIP:

- Providence Community Health Division (CHD) staff drafted three CHIP initiatives, including community needs and goals, to present to the CHIP planning committee for input
- In collaboration with community partner organizations, CHD staff drafted the PSVMC CHIP to present to hospital leadership and the CHIP planning committee for input
- Input was gathered and incorporated into the final PSVMC CHIP document
- Final PSVMC CHIP document was approved by hospital and system level leadership

PSVMC anticipates strategies may change and certain community health needs may become more pronounced, requiring changes to the initiatives identified below.

Addressing the Needs of the Community: 2020- 2022 Key Community Benefit Initiatives and Evaluation Plan

INITIATIVE #1: HOUSING NEEDS IN THE PORTLAND METRO AREA

Community Need Addressed

Social determinants – Housing

Goal (Anticipated Impact)

Increase access to permanent and supportive housing

Scope (Target Population)

Unhoused individuals in the Portland metro area

Table 1. Outcome Measures for Addressing Housing

Outcome Measure	Baseline	FY20 Target	FY22 Target
Increase # of referrals to housing for patients/families in Portland Metro area	334 referrals (Washington County)	20% increase from baseline (400 people)	25% increase from baseline (417 people)

Increase funding for Supportive Housing Services in Portland metro area	\$100,000	\$200,000	\$300,000
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Table 2. Strategies and Strategy Measures for Addressing Housing

Strategy(ies)	Strategy Measure	Baseline	FY20 Target	FY22 Target
Partner with Transition Project's Health Connections program	# of patients experiencing homelessness referred to Health Connections Program	115	TBD	TBD
Health Connections program to place patients in permanent housing	% of referrals that are connected to permanent housing	51%	60%	TBD
Better Outcomes through Bridges (BOB) outreach workers screen PPMC ED patients for housing – related needs	% of BOB patients screened for housing needs (maintaining existing program)	100%	100%	100%
Partner with Impact NW to connect families in need with appropriate housing resources	% of clients successfully connected to housing resources 30 days post-intake (<i>i.e. Section 8, rental assistance, navigating landlord relationships, placement in shelter</i>)	38%	40%	45%
Regional Supportive Housing Fund	Providence participates in the Regional Supportive Housing Fund with other health system and foundation funders	Collaborative initiated, convener and financial sponsor identified	Funding sources and amounts determined	Two grants released to community

Providence Health & Services Housing Strategy Workshop	Increase housing units with supportive services available for individuals and families with low income	Community Health Division participates in housing workshop to define goals	150 units planned	150 units available 150 additional planned
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Evidence Based Sources

Health Affairs: <https://www.healthaffairs.org/doi/10.1377/hpb20180313.396577/full/>

Permanent Supportive Housing: Evaluating the Evidence for Improving Chronic Homelessness: <https://www.ncbi.nlm.nih.gov/books/NBK519591/>

Resource Commitment

Community benefit funds, operational funds, foundation funds, outside grant dollars, Community Resource Desk administrative support, BOB outreach worker time.

Key Community Partners

Transition Projects, Central City Concern, Project Access NOW, Impact NW, Health Share of Oregon, Metropolitan Alliance for the Common Good – Washington County Housing Team, Oregon Community Foundation, Meyer Memorial Trust, Care Oregon, Cambia Health, Collins Foundation, Legacy Health, Oregon Health & Sciences University, Kaiser Permanente.

INITIATIVE #2: ACCESS TO HEALTH SERVICES

Community Need Addressed

Access to culturally responsive health services, coordination and navigation

Goal (Anticipated Impact)

Increase connection to medical and oral health services for un- and under-insured individuals.

Scope (Target Population)

Un- and under-insured individuals in the Portland metro area

Table 3. Outcome Measures for Addressing Access to Health Services

Outcome Measure	Baseline	FY20 Target	FY22 Target
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Increase number of physical health screenings for the Latinx community	309 individuals served	252* ³	TBD
Increase access to oral health services for un- and underinsured	1,303	5% increase from baseline	10% increase from baseline

Table 4. Strategies and Strategy Measures for Addressing Access to Health Services

Strategy(ies)	Strategy Measure	Baseline	FY20 Target	FY22 Target
Promotores & Multnomah County Parishes host Telehealth Clinics	# of telehealth clinics	9	7*	TBD
Partner with Pacific University mobile oral health services	# of patients seen at mobile clinics	161	150*	175
Partner with Medical Teams International to provide mobile emergency dental services	# of patients seen at mobile clinics	1,112	1,167	1,223
Pacific University promotes follow-up for preventive oral health services	# of patients that made follow-up appointments for Oral Health services	35	30*	40
Partner with Neighborhood Health Center to provide dentures to qualifying patients	# of patients that receive dentures through Second Bite program	30	30 ⁴	30

³ *Numbers for FY2020 are lower due to inability to conduct screenings through the Promotores Program due to COVID-19 in the March-June 2020 period. Similar circumstances impacted due to COVID-19 are indicated with *.

⁴ Procedures for this project needed to cease during the COVID-19 crisis, funding re-allocated to telephonic medical & dental services. These numbers will be impacted.

Evidence Based Sources

National Association and Territorial Health Officials, Clinical to Community Connections and Evidence of CHW Effectiveness: https://www.astho.org/Programs/Clinical-to-Community-Connections/Documents/CHW-Evidence-of-Effectiveness/?utm_campaign=enews20200305&utm_medium=email&utm_source=govdelivery.

Oral Health in America: [Oral Health in America: A Report of the Surgeon General](#). Source: Division of Oral Health, National Center for Chronic Disease Prevention and Health Promotion

Resource Commitment

Community benefit funding, community volunteers/Promotores, Providence Nurse Practitioner time, telehealth platform, parish space, Medical Teams International dental van, Pacific University dental van, Pacific University oral hygiene student time.

Key Community Partners

Promotores, Portland-area parishes, Pacific University School of Hygiene, Familias en Accion, Medical Teams International, Virginia Garcia, Neighborhood Health Center.

INITIATIVE #3: MENTAL HEALTH & SUBSTANCE USE DISORDERS

Community Need Addressed

Community mental health/well-being and substance use disorders – culturally responsive care and health education, community building.

(Anticipated Impact)

Increase access to culturally responsive behavioral health education and access to care.

Scope (Target Population)

Individuals with low incomes in need of access to mental health & substance use services.

Table 5. Outcome Measures for Addressing Mental Health/Well-being & Substance Use Disorders

Outcome Measure	Baseline	FY20 Target	FY22 Target
Increase connection to mental health and substance use disorder services and education	591 individuals reached by outreach and education activities	20% increase from baseline	25% increase from baseline

Table 6. Strategies and Strategy Measures for Addressing Access to Health Services

Strategy(ies)	Strategy Measure	Baseline	FY20 Target	FY22 Target
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Partner with Pacific University (PU) for community events on behavioral health for Latinx community – “charlas”	# of people reached by PU activities	485	1000	2000
Un- and under-insured Latinx community members referred to mental health services at Pacific University and NW Catholic Counseling Services	# of people referred to mental health services in community	51	10% increase from baseline	20% increase from baseline
BOB patients are screened for Mental Health needs	% of BOB patients that are screened for mental health needs (maintaining existing program)	100%	100%	100%
BOB patients are screened for substance use treatment needs	% of BOB services screened for substance use disorders (maintaining existing program)	100%	100%	100%

Evidence Based Sources

“Tackling The Mental Health Crisis In Emergency Departments: Look Upstream For Solutions, ” Health Affairs Blog, January 26, 2018.DOI: 10.1377/hblog20180123.22248

Oregon Commission on Hispanic Affairs, Latinx Mental Health Research:

<https://www.oregon.gov/hispanic/Pages/index.aspx>

Community-Defined solutions for Latino Health Care Disparities:

https://health.ucdavis.edu/crhd/pdfs/resources/Community_Defined_Solutions_for_Latino_Mental_Health_Care_Disparities.pdf

Resource Commitment

Community benefit funds, operational funds, outside grant sources, BOB outreach worker time, Pacific University student time.

Key Community Partners

Pacific University School of Psychology, Central City Concern, Cascadia BHC, Lifeworks NW, Sequoia, NAMI, OHSU Harm Reduction and Bridges to Care, Multnomah County, Recovery Works NW, NW Catholic Counseling Center.

INITIATIVE #4: PREVENTING CHRONIC HEALTH CONDITIONS

Community Need Addressed

Chronic health conditions – focus on prevention of obesity, diabetes, hypertension, and depression.

Goal

Reduce the burden of chronic disease in the Portland metro area.

Scope (Target Population)

Families that are low-income, food-insecure, and/or at-risk or have diabetes in the Portland metro area.

Table 7. Outcome Measures for Preventing Chronic Health Conditions

Outcome Measure	Baseline	FY20 Target	FY22 Target
Healthy body mass index (BMI) for 8 th grade youth in Washington County ⁵	71.1% of 8 th grade youth	72% of 8 th grade youth	74% of 8 th grade youth
Diabetes prevalence of Clackamas County adults ⁶	8.5%	8.3%	TBD

Table 8. Strategies and Strategy Measures for Addressing Chronic Disease

Strategy(ies)	Strategy Measure	Baseline	FY20 Target	FY22 Target
Identify Providence Medical Group clinic champions to promote healthy behaviors with 5-2-1-0+9 messaging	# of Providence Medical Group clinic champions identified	1	10	20

⁵ Measured by bi-annual Washington County Oregon Healthy Teens Survey, baseline is 2019 data.

⁶ [Oregon Health Authority, Diabetes Prevalence by County](#). Baseline is 2014-2017 data.

Fund community partners to alleviate food insecurity among youth (Healthier Kids, Together community partners)	# of youth reached by community partners addressing food insecurity	440,030	500,000	550,000 ⁷
Increase number of Diabetes Prevention Program (DPP) cohorts offered in Portland metro (or PSVMC)	# of individuals participating in DPP cohorts	30	45	75

Evidence Based Sources

<https://www.cdc.gov/diabetes/prevention/index.html>

Addressing Childhood Obesity: Opportunities for Prevention [Pediatr Clin North Am. 2015 Oct; 62\(5\): 1241–1261.](#)

Resource Commitment

Community benefit funds, foundation funds, provider time, promotional materials for 5.2.1.0+9

Key Community Partners

Oregon Food Bank, Partners for a Hunger Free Oregon, Adelante Mujeres

Other Community Benefit Programs and Evaluation Plan

Table 9. Other Community Benefit Programs in Response to Community Needs

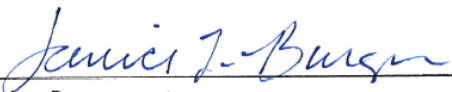
Initiative (Community Need Addressed)	Program Name	Description	Target Population (Low Income, Vulnerable or Broader Community)
1. Mental Health/Well-being & Substance Use Disorders – social isolation	Meals on Wheels People	Social connection through shared meals at Elm Street Court	Seniors and people with disabilities experiencing social isolation and low income.

⁷ Gross estimate for youth reached by Healthier Kids, Together funded partners. In 2022, Providence's HKT funded initiatives will wind down.

2. Social Determinants of Health – Food Insecurity	Meals on Wheels People	Meals served at Elm Street Court and people in need discharged with meals from hospital	Seniors and people with disabilities experiencing food insecurity.
3. Social Determinants of Health - All	Impact NW Community Resource Desks	Embed a high-functioning community based organization in Providence medical centers, clinics to address social needs	Individuals and families who have unmet social needs
4. Mental Health/Well-being & Substance Use Disorder – prevention & community building	Immigrant and Refugee Community Organization Community Health Worker	Embed Community Health Worker trained in mental health support with clinical supervision in Earl Boyle's elementary school in Portland area.	Immigrant and low-income families in East Portland.
5. Mental Health/Well-being & Substance Use Disorders – prevention and access	Providence Zero Suicide initiative	Implement a tiered-system wide approach to prevent suicide deaths for patients seeking care at Providence	All individuals seeking care at Providence
6. Social Determinants of Health – Housing	Catholic Charities, Providence & Arch Diocese Healthy Housing Initiative	House individuals experiencing homelessness	Chronically homeless population in Portland Oregon
7. Social Determinants of Health – Transportation	Ride Connection	Transportation to medical appointments and necessary errands	Seniors and people with disabilities who have limited access to transportation

2020-2022 CHIP GOVERNANCE APPROVAL

This Community Health Improvement Plan was adopted by Providence's Portland Service Area Advisory Council on May 4th, 2020. The final report was made widely available by May 15, 2020.

 5-4-2020

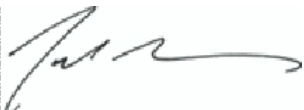
Janice Burger Date
Chief Executive, PSVMC and Western Oregon Division

 May 8, 2020

Lisa Vance Date
Chief Executive, Oregon Region

 May 8, 2020

Joanne Warner Date
Chair, Oregon Community Ministry Board

 May 11, 2020

Joel Gilbertson Date
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To request a copy free of charge, provide comments, or view electronic copies of current and previous Community Health Improvement Plans please email CommunityBenefit@providence.org.

APPENDICES

Appendix 1: Definition of Terms

Community Benefit: An initiative, program or activity that provides treatment or promotes health and healing as a response to identified community needs and meets at least one of the following community benefit objectives:

- a. Improves access to health services;
- b. Enhances public health;
- c. Advances increased general knowledge; and/or
- d. Relieves government burden to improve health.

Community benefit includes services to persons living in poverty, persons who are vulnerable, and the broader community.

To be reported as a community benefit initiative or program, community need must be demonstrated. Community need can be demonstrated through the following:

- a. Community health needs assessment developed by the ministry or in partnership with other community organizations;
- b. Documentation that demonstrates community need and/or a request from a public agency or community group was the basis for initiating or continuing the activity or program; or
- c. The involvement of unrelated, collaborative tax-exempt or government organizations as partners in the community benefit initiative or program.

Health Equity: Healthy People 2020 defines *health equity* as the “attainment of the highest level of health for all people. Achieving health equity requires valuing everyone equally with focused and ongoing societal efforts to address avoidable inequalities, historical and contemporary injustices, and the elimination of health and health care disparities.”

Social Determinants of Health: Powerful, complex relationships exist between health and biology, genetics, and individual behavior, and between health and health services, socioeconomic status, the physical environment, discrimination, racism, literacy levels, and legislative policies. These factors, which influence an individual’s or population’s health, are known as *determinants of health*. *Social determinants of health* are conditions in the environment in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

Initiative: An initiative is an umbrella category under which a ministry organizes its key priority efforts. Each effort should be entered as a program in CBISA Online (Lyon Software). Please be sure to report on all your Key Community Benefit initiatives. If a ministry reports at the initiative level, the goal (anticipated impact), outcome measure, strategy and strategy measure are reported at the initiative level. Be sure to list all the programs that are under the initiative. Note: All Community Benefit initiatives must submit financial and programmatic data in CBISA Online.

Program: A program is defined as a program or service provided to benefit the community (in alignment with guidelines) and entered in CBISA Online (Lyon Software). Please be sure to report on all community benefit programs. Note: All community benefit programs, defined as “programs”, are required to include financial and programmatic data into CBISA Online.

Goal (Anticipated Impact): The goal is the desired ultimate result for the initiative’s or program’s efforts. This result may take years to achieve and may require other interventions as well as this program. (E.g. increase immunization rates; reduce obesity prevalence.).

Scope (Target Population): Definition of group being addressed in this initiative: specific description of group or population included (or not included, if relevant) for whom outcomes will be measured and work is focused. Identify if this initiative is primarily for persons living in poverty or primarily for the broader community.

Outcome measure: An outcome measure is a quantitative statement of the goal and should answer the following question: “How will you know if you’re making progress on goal?” It should be quantitative, objective, meaningful, and not yet a “target” level.